

# Learn to Pray and Heal

(a spiritual adventure)

By Nate Frederick, C.S.

**Come explore the how-to of spiritual healing. Learn to have more faith in Life, understand God as Love itself, and express Love in a way that heals.**

**Holiday Inn Conference Center - 7:00 PM**

**Thursday, May 24, 2018**

**1900 Hilltop Drive, Redding, CA 96001**

**[www.christiansciencereddingca.com](http://www.christiansciencereddingca.com)**

**Sponsored by First Church of Christ, Scientist, Redding**



Nate is a spiritual adventurer who has traveled the globe sharing healing insights, documenting spiritual experiences and performing music. As a media producer, Nate launched and produced the award-winning Daily Lift podcast for The First Church of Christ, Scientist in Boston. Now as a Christian Science practitioner, Nate commits himself to doing what he loves most — praying with others and experiencing first-hand the healing power of God's love.